



Tobacco Free Partnership

20. Smoking kills more people in Indiana than:
- Alcohol, AIDS, & car crashes combined
 - Illegal drugs, murders, & suicides combined
 - Both A & B
21. Approximately 10, 300 Hoosiers smokers die from smoking related diseases every year and other tobacco related causes, e.g. fires caused by smoking, secondhand smoke exposure, and smokeless tobacco.
- True
 - False
22. Smoking is a major contributor to the 3 leading causes of death in Indiana. What are the three leading causes of death in Indiana?
- Heart disease, cancer, stroke
 - Stroke, obesity, heart disease
 - Cancer, diabetes, asthma
23. What is the highly addictive drug in a cigarette?
- Tobacco
 - Carbon Monoxide
 - Nicotine
24. There are over _____ chemicals in a cigarette and over _____ of those chemicals are carcinogens.
- 50; 2
 - 4,000; 40
 - 100; 2

25. What chemicals are in a cigarette?
- Ammonia, formaldehyde, butane
 - Carbon monoxide, arsenic, tar
 - Acetone, cadmium, isoprene
 - All of the above
26. Tobacco companies target African Americans with Menthol cigarettes.
- True
 - False
27. African American publications - Ebony, Jet and Essence receive higher profits from cigarette advertisements than do other similar mainstream magazines such as Time and People.
- True
 - False
28. Secondhand smoke can contribute to heart disease and lung disease in non-smokers?
- True
 - False
29. Infants and children exposed to secondhand smoke develop:
- More respiratory problems
 - Bronchitis, pneumonia, ear infections
 - Coughing, wheezing and worsened asthma
 - All of the above
30. What are the health consequences of smoking blunts (hollowed out cigarette filled with marijuana)?
- Increase risk of heart attack
 - Increase lung cancer risk
 - Impotence (unable to maintain an erection)
 - All the above

The SFCTFP is funded by
Indiana Tobacco Prevention and Cessation (ITPC)
 We collaborate with Smokefree Indy, VOICE, Tobacco Free Kids
 Hoosier Faith and Health Coalition,
 and ETCN (Ethnic Tobacco Control Network)
 Contact Firefighter Tony Williamson
 for additional information and FREE CESSATION services

BARBERSHOP BLITZ



**HOW MANY
 TOBACCO
 FACTS
 DO YOU KNOW?**

317-545-6580 (ofc)
 317-545-6588 (fax)
www.saintfloriancenter.org
firefightert@sbcglobal.net



Background Information

- Have you ever smoked cigarettes?
Yes _____ No _____
- Do you currently use tobacco products?
Yes _____ No _____
- If yes, what type of tobacco product / brand do you (or did you) use (circle all that apply)?
Cigarettes _____ Cigars _____
Bidis _____ Chewing tobacco _____
Menthols _____ Lights _____
Other _____
- Why did you choose that brand?
Videos / TV _____
Parents _____
Friends _____
Other (price, taste, etc.) _____
- How old were you when you first experimented with cigarettes? Age _____
- What age did you start smoking on a regular basis? Age _____
- If you are a current smoker, how many cigarettes do you smoke a day? _____
- How much money per year do you think you spend on cigarettes? _____



QUIT ATTEMPTS



- Do you want to quit smoking?
Yes _____ No _____
If yes, why? _____
If not, why? _____
- How many times have you attempted to quit smoking?
In the past 30 days? _____
In the past six months? _____
In the past year? _____
Ever? _____
- What made you start smoking again after you quit?
Taste? _____
Stress? _____
Habit? _____
Other? _____
Explain _____
- If you are a former smoker, when did you quit smoking? _____
Why did you quit? _____
Explain _____
- How many times did it take you before you finally quit for good? _____
- What helped you to stop smoking?

**THERE HAS NEVER
BEEN A BETTER TIME 2 QUIT!**



DEMOGRAPHIC INFORMATION

- Current Age _____
- Current Marital Status (please check)
Single _____
Married _____
Divorced _____
- Education (please check):
Less than high school graduate _____
High school graduate / GED _____
Some College/Tech/Trade School _____
College Graduate _____
Graduate or Professional School _____
- Yearly Income (please check):
Less than \$15,000 _____
\$15 - \$24,999 _____
\$25 - \$49,999 _____
\$50 - \$74,999 _____
\$75,000 or greater _____
- Employment Status:
Employed _____
Unemployed _____
Student _____
Disabled _____

AFRICAN AMERICAN FACTS

- ⇒ 45,000 African Americans die annually from smoking related diseases.
- ⇒ African Americans continue to be the target of intense marketing by the tobacco industry.
- ⇒ Lung cancer deaths are almost 20% higher than whites
- ⇒ Secondhand Smoke = (Asthma—Pneumonia—Bronchitis in children).
- ⇒ 3 out of 4 blacks choose menthol brands